

Telling your Story as a Transplant Recipient or Guardian

If you or your child received an organ transplant, please consider sharing:

- First name, hometown, and age, if you are comfortable sharing them
- What led to your need for an organ transplant—a diagnosis and approximate year are enough. You do not need to provide a detailed medical history.
- What organ you needed and approximately when you were added to the transplant waiting list
- How long you waited, if you would like to share
- What you remember about learning that a donor had been found
- The year and hospital of your transplant
- What receiving a transplant has allowed you to do or experience since then
- Something about your organ donor or donor family, if you know them or would like to acknowledge them, express gratitude, etc. Please keep personal or identifying information about your donor or donor family general.
- What you wish more people understood about organ, eye, and tissue donation
- If it is meaningful to your story, you may also share how your racial or cultural background has shaped your experience with donation, transplantation, healthcare or conversations about becoming an organ donor so that we can highlight your story during special awareness months.

You do not need to answer every question. Choose the details that best tell your transplant story.

